

## **THE ASHTAVAKRA GITA (In Hindi) directly by Guruji**

Bangalore Ashram team is happy to announce series of much awaited special commentaries on THE ASHTAVAKRA GITA (in Hindi) directly by Guruji.

Now that ashram is fully booked and ashram is getting numerous enquiries for ASHTAVAKRA GITA and accommodation, Sumeru Travel Solutions (STS) based out of the Ashram, has booked a hotel (about 7-8 KMs away from ashram, in Air conditioned room) to accommodate devotees.

***The Ashtavakra Gita*** : “The most unique conversation that has ever taken place on this earth” as described by H.H.Sri Sri Ravishankar

The Ashtavakra Gita documents the unveiling of the highest knowledge in the form of a dialogue between the sage Ashtavakra and the wise King Janaka many thousands of years ago. It is one of the most profound discourses that exists. H. H. Sri Sri Ravi Shankar shows how, step-by-step, King Janaka is taken to deeper levels of understanding and how we too can apply this knowledge to our own lives.

### ***Package includes:***

- Morning Group Sadhana (Yoga Asanas, Sudarshan kriya & Meditation)
- After breakfast suitable seva (based on requirement & skill of the participant)
- Special commentaries on Ashtavakara Gita (in Hindi) by Guruji
- Noon meditation by 12.00 noon
- Evening Satsang with Guruji
- And you can take optional Ayurveda treatments (additional charges applicable)
- Attend Rudra Puja (Every Monday, 7AM) with Guruji
- Attend Devi Puja (Every Friday) with Guruji
- Optional Part I, Part II, Sahaj Samadhi Meditation, Week End Yoga retreat etc
- Morning pickup from hotel to ashram by 5.30 AM. Drop to hotel from ashram after evening satsang (by 9.30 PM from ashram). Meeting point is at ashram travel desk (in front of ashram main reception). In between travel services are not available

Contributions for resident Indian nationals (Inclusive of food at ashram dining hall, one month accommodation outside ashram in a hotel (about 7-8 KMs from ashram, in a Air conditioned room), Transport, Morning Sadhana, group meditations & Pujas)

Room Sharing ( Number of people per room )	Contribution per person (in Rupees)	Total Number of beds available in A/C room
<b>2 Sharing</b>	35,000.00	64 Only
<b>3 Sharing</b>	32,000.00	60 Only

Online payment facility will be closed on first come first served basis. Limited seats are available.

*Earliest Check in : May 19th Evening, 2010. Latest Checkout : June 19th Evening, 2010*

Ashram housing is fully booked for course participants & general stay will not be available.

***Mode of Registration:***

Anyone can pay through online using credit card

<http://www.facebook.com/l/6497a;vmmvp.org/UpcomingCourseEvents/courseevents/tabid/90/Default.aspx>

***Important Contacts / emails:***

1. Airport & Railway station pickup /drop services (on chargeable basis).  
Email: [travelco.aol@gmail.com](mailto:travelco.aol@gmail.com) Tel: +91-80-26080256, 32923423.  
Bulk pickup facility is available from ashram.
2. For any questions or clarifications, please email [courses@vmmvp.org](mailto:courses@vmmvp.org)

We look forward to hosting you all.

Jai Gurudev!

Events Team.

Bangalore Ashram